**OBE-like sensation questionnaire**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| Questions | Strongly disagree | Disagree | Somewhat agree | Neutral | Somewhat agree | Agree | Strongly agree |
| During the elevated viewpoint there | -3 | -2 | -1 | 0 | 1 | 2 | 3 |
| I felt as if I was outside my physical body |  |  |  |  |  |  |  |
| I felt as if I was disconnected from my physical body |  |  |  |  |  |  |  |
| I felt as if I was separated from my physical body |  |  |  |  |  |  |  |
| I felt as if I became lighter |  |  |  |  |  |  |  |
| I felt as if I was floating |  |  |  |  |  |  |  |
| I felt as if I was located from where I saw the scene |  |  |  |  |  |  |  |
| I felt as if the body I saw was my body |  |  |  |  |  |  |  |
| I felt as if I had more than three bodies |  |  |  |  |  |  |  |